



Nursing Digest

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FROM THE CHAIRMAN'S DESK



I have great pleasure in congratulating the members and the Principal of our 'PGP Nursing College' for having come forward to publish 'NURSING DIGEST'. Since our Nursing College has embarked on several educational, social and cultural activities as part of their learning process, Nursing Digest is an innovative concept to disseminate these to others.

I believe this Nursing Digest will display complete profile of the activities carried out in the college. Nursing profession is a noble profession and nursing education has become a very crucial element of health management in today's world. Trained nurses both male and female are the key element in the medical field. Their contribution is very critical and significant and I am hopeful that the Nursing Digest Volume - II, Issue - I will become a great medium to highlight their activities. I am happy about this initiative and I wish Nursing Digest a great success. I am certain it will emerge as an important tool to improve the communication with their students and their families.

I wish the Editorial Team a great success !!

Dr.PALANI G PERIASAMY M.A, M.A, Ph.D

Chairman

PGP Group of Educational Institutions

CELEBRATIONS

GANDHI JAYANTHI

We, organized a special programme on 2nd October 2023, to commemorate the national festival, Gandhi Jayanti and celebrate the 154th birth anniversary of our father of nation – Mahatma Gandhi. The programme started with garlanding the portraits and offering flowers symbolizing due respect and honour. Speeches were presented by the students on their his and principles.

The correspondent sir Mr. M. Ganapathy conveyed the message to follow the path of harmony and peace as preached by Mahatma Gandhi. Our principal Prof. V. Shenbagalakshmi, presided the function. Dr. Thilagarani, Principal, Education College, Dr. Arunachalam, Director & Mr. Pranav Kumar NGO felicitated the programme.

**THE BEST WAY TO FIND YOURSELF IS TO LOSE YOURSELF
IN THE SERVICE OF OTHERS**



FAREWELL DAY

“EVERY NEW BEGINNING COMES FROM SOME OTHER BEGINNING’S END.”

– SEMISONIC

On 14.10.2023 around 10.00 am the function had begun with the welcome addressed by our Principal Prof .V. Shenbagalakshmi the theme “HASTA LA VISTA” and followed by fun games which were conducted by the juniors to the seniors such as make some actions, pick the ball etc., Later the final year students were asked to give their opinions about the institution and the staffs. All the students were felicitated by the our chairman Dr. Palani G Periasamy, while addressing the students, he explained the importance of Nursing Professionals and Profession how the students should prepare themselves for their future endeavours and wished them with his motivational speech. Programme end with delicious Lunch provided by the III years.



CELEBRATIONS

POOJA CELEBRATION

BRIGHT AND COLOURFUL VIBES OF THE AYUDHA POOJA

Saraswati Puja, a festival dedicated to the goddess of knowledge and wisdom, is one of the most eagerly anticipated events in our college annual calendar. The day begun with the traditional dresses & students offer flowers, sweets, and their heartfelt prayers to the goddess. The ritual was graced with the presence of Mr. M. Ganapathy, Correspondent and Dr. K. Periasamy, Dean (AA) and all the teaching faculties and students. Both the faculties and students joined hands together, with great zeal to make the event a memorable one, also evoking the blessing of the goddess of knowledge to have a successful academic and carrier growth.



THANKS GIVING DAY

Thanks Giving Day was organized by our 45 Final Year 2019-2020 batch students to Teachers and friends in our College. From the bottom of heart & deep sense of gratitude final year donated a smart TV to the college and for their juniors to enjoy their future endeavours.



CELEBRATIONS

CHRISTMAS

Christmas is the festival which inspires the spirit of sharing and caring. Christmas celebration was held on 20th December 2023. The College was beautifully decorated and everybody was dressed in red and white. The programme started with an information about Christmas and why is it celebrated.

Dean (AA) and all colleges principals participated and wished all the students. A beautiful melodious carols sung by the choir. Right from the conception of Mary to the birth of Jesus a harmonious story was displayed by the students. The event ended with cheerful Christmas greetings as the students danced to the melodious tunes of 'Jingle Bells' and 'We wish you a merry Christmas.' The dazzling entry of Santa Claus added to the joy and excitement of the students. It was a joyous and amusing programme for everyone.



TEACHERS GET TOGETHER

A small get-together was organized for the teachers on 30th December, 2023. A small refreshment and Lunch arranged for the teachers. Teachers got different eatable items to eat and the most delicious dessert with ice-cream. All the teachers thoroughly enjoyed themselves and went home to celebrate New-year with stress free mind.



CELEBRATIONS

PONGAL CELEBRATION

A delightful opportunity to experience the vibrant and culturally rich Pongal celebration on campus. A large clay pot was set up in the courtyard, and students gathered around, eagerly waiting the moment when the milk would overflow a symbol of prosperity and abundance. The sound of laughter and joy filled the air as students took turns stirring the Pongal and sharing anecdotes about their family traditions. It was an ambience filled with music, dance and the joyful faces reverberated with big smiles. Pongal and Sugarcanes were distributed to all our Students.



REPUBLIC DAY

PGP group of colleges, celebrated the 75th Republic Day on January 26, 2024 Friday from 9.00 am to 11.00 am. A total number of 120 students as well as NSS volunteers, faculties and staff participated in flag hosting. The National Flag was hoisted by the Vice Chairman, Mrs. Vishalakshi Periasamy. She gave a speech on how Republic day is important to the younger generation. The republic day message was given by Mr. M.Ganapathy, Correspondent and Dean (AA) PGP group.



CELEBRATIONS

LAMP LIGHTING

The Lamp Lighting and Oath-taking ceremony is a tribute to “Florence Nightingale — the Lady with the Lamp”. Every budding Nursing student should understand the importance of the Nursing profession and its dignity. The lighting of the lamp symbolizes the transfer of knowledge, skills, and spirit of Nursing among students.

The 17th Lamp lighting and Oath-taking ceremony of BSc (N) Students were organized on 30th January 2024. Dr. A.KHAJAMOHAIDEEN, MD, DM Neurology Neuro Care Hospital Namakkal was invited as chief guest and Ms. SHABIKA. P.K. MBBS, MD NEURO CARE HOSPITAL, NAMAKKAL invited as Guest of honor. A total of 77 students were rendered into the profession by taking the oath and lit the lamp.



FRESHER'S DAY

The 5th of February 2024 was a memorable day in the life of every fresher of the academic year 2023-2024 batch. The fresher's day was filled with excitement, joy, music, enthusiasm, laughter and happiness.

The Programmed was structured with the theme of Blue.(Water). Students of First Year batch: 2023-24 students were welcomed with the red rose to this party which was organized by II year Students. The program started with inaugural speech by the Principal, Prof.V.Shenbagalakshmi. Our correspondent, Dean (AA), all college principals felicitated the fresher's. The welcome dance (Bharatanatyam) was performed by II yrs. Students. Fresher's along with their seniors are involved in various Dance performances like solo, Duo, Group dances. Finally at 4:30 pm the program was ended with distribution of sweets & soft drinks.



FOUNDERS DAY

INTRA COLLEGE QUIZ

Department of community health successfully conducted an Inter collegiate Quiz competition on 10th January for the under-graduate students. Our Principal Prof V.Shenbagalakshmi was quiz master. Six colleges participated with three participants in each team give tough battle to each other. Rules and regulations of the quiz were explained at the beginning. It was interesting Four-round competitions, including objective questions with options round, buzzer round, guess me and rapid-fire round which engaged the students for one and half hour. The students showcased their brilliance by rapidly answering the questions. Though some of the questions were very tricky, the teams tried to answer them with confidence. Nursing college got I placed and Engineering got II place. Mr. M.Ganapathy correspondent and Dean (AA) distributed the Prizes.

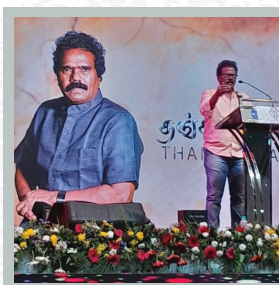


ANNUAL DAY

The Annual Day Celebration was held on 1st March 2024. The event was a grand success, showcasing the talents and achievements of our students and fostering a sense of community and pride among the participants. The annual day is the culmination of its academic year. we ensures that there is a hundred percent participation from the students as each one is special and important for us and we believe that every student must be given an opportunity to develop talents, showcase their talents, and harness their skills and attributes through such public performances. Our Chairman Presided over the Function and Mr. Thangarpachan Film Director, cinematographer, and Actor was chief guest and Mr.Ragubalan Motivational Speaker was guest of honor for the programme.

COMING TOGETHER IS THE BEGINNING. KEEPING TOGETHER IS PROGRESS.

WORKING TOGETHER IS SUCCESS AND THAT IS WHAT WE CALL AS TEAM WORK'.



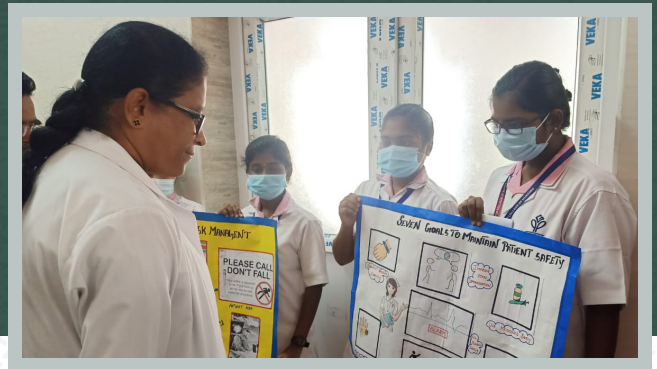
NATIONAL DAY OBSERVATIONS

MENTAL HEALTH DAY

The day celebrated at the initiative of the raising the awareness on Mental Health Issues. World Mental Health Day observed on 10th October 2023. Our students participated the competitions organized by Govt Medical College and Hospital Namakkal. Dr. Shantha Arunmozhi, Dean, Medical College and Hospital, distributed the prizes and certificate for the winners.

Students performed puppet show based on the theme "Our minds, Our rights". All appreciated the puppet show.

GOOD MENTAL HEALTH IS VITAL TO OUR OVERALL HEALTH AND WELL-BEING.



AIDS DAY RALLY

In an attempt to create awareness of prevention of HIV/AIDS, our II year students conducted an 'AIDS Awareness Day' rally on 01/12/2023. Fifty students attended the rally to spread the message about rights of the infected persons and prevention of HIV/AIDS and sexual abuse. Dean, Medical college and Hospital, Namakkal Dr K SanthaArulmozhi madam flagged off the rally.



NATIONAL DAY OBSERVATIONS

LEPROSY SURVEY

A fifteen days Screening survey of leprosy was undertaken by community Department along with Directorate of Public Health, Namakkal as part of National Leprosy Eradication Programme (NLEP), from 10th February to 25th February 2024, our I year and II year Students actively participated on the survey to detect leprosy cases. Door to Door survey done. Nearly 15 new cases were detected in kabilarmalai. Prof.Ganesan, Vice Principal, Mr.Thamaraikannan, and Ms.Manoranjitham, Lecturers worked with students.

LEPROSY IS CURABLE WITH MULTIDRUG THERAPY



PROFESSIONAL ACTIVITIES

GRADUATION DAY

PGP Group of Institutions has organized its Graduation Day on, 10th December 2023 in the LOA Auditorium at 10 AM. Mr. Govindarajan Founder and Global Head, Intellect group of Companies invited as chief guest. Our Chairman Dr. Palani G.Periasamy Presided over the day. Around 45 nursing graduates with their parents attended the ceremony to celebrate their success. There was a special arrangement of live telecast of Graduation day ceremony which was made for the parents so that the alumni & parents can enjoy each and every moment of the ceremony comfortably. A delicious lunch was provided to all the graduates ,their parents and for teachers.



PROFESSIONAL ACTIVITIES

TNMC WEBINAR ON LIFE SAVING - CPR

The Tamilnadu Nursing council has organized NBEMS webinar on “Basic Life Support” on 6th December 2023 between 10:00 AM to 11:30 AM, through the Google meet platform. National Board of Examinations in Medical Sciences is an Autonomous Body of Ministry of Health & Family Welfare, Government of India. The duration of the programme was 45 mins. CPR video followed by Interactive session was organized. The webinar was to spread awareness and impart training to thousands of youths and non-medical personnel to administer CPR in a proper manner. The programme consists of a short video explaining the participants about the benefits of CPR and methodology to administer it. A doctor has been deputed at each venue to answer the queries of the participants.



VACCINATION

Department of Medical Surgical organized a Hepatitis B Vaccination Drive for I year students at M.M hospital in order to keep them protected from Hepatitis virus. 100 students were vaccinated. Ms.Latha ,Asst Prof organized the session along with Ms.Manoranjithanm and Mr.Thamaraikannan Lecturer ,PGPCONR

AT ALL AGES, VACCINES SAVE LIVES AND KEEP US SAFE



PROFESSIONAL ACTIVITIES

ONE DAY SKILL TRAINING PROGRAMME

“Every skill you acquire doubles your odds of success.”

Department of Medical Surgical and Henze academy jointly organized one day Basic Life Support and First Aid session on 22/02/2024 from 9.00 am to 5.00 pm.

The sessions were started at 9.00am, in Seminar Hall with introductory session by Prof .V. Shenbagalakshmi, Principal PGPCON welcomed the resource persons and the students. I year 100 Students and including Nursing faculties actively participated and updated their knowledge on Pediatric/ adult BLS, with appropriate hands on skills.



CNE PROGRAMME

M.M Hospital and CIPACA has organized the CNE program for nursing faculty and nursing Students 16th March 2024 on nursing practice. The main objectives of the CNE program was enhance knowledge, attitude, and skill for providing comprehensive quality patient care in hospitals and communities. Our III year B.Sc (Nursing) 25 students and two faculties attended the CNE and enriched their Knowledge.

“AN INVEST IN KNOWLEDGE PAYS THE BEST INTEREST.”



4th ACADEMIC REVIEW MEETING

The Tamil Nadu Dr. M.G.R. Medical University has proposed to conduct Academic Review Meeting among the Institutions periodically by region-wise. In this connection, the 4th Academic Review meeting was held among Nursing and Pharmacy Institutions at Paavai Group of Institutions, Namakkal on February 2024 was the regional centre. The meeting was presided by Dr. K. Narayanaswamy, M.D., D.M (Gastro) respected Vice-Chancellor along with our University Officials Dr.Appadurai deputy controller of examinations (Nursing), and Dr.E.Manikgandan, Deputy Controller of examinations (pharmacy). Our Principal Prof. Shenbagalakshmi Madam attended the meeting.



GUEST LECTURE

GUEST LECTURE-SKIN DISEASES

Guest Lecture was organized by the Community Department on 06.2.2024 from 10.30 am to 12.30 pm. Resource person was Dr.Jayanthini, MD (Dermatologist), Government Medical College and Hospital Namakkal, has taken a lecture on topic “Skin diseases awareness” for Second year students in smart class room.

She explained about causes, prevention and life style modification need for skin diseases.. At the end of the guest lecture, students gave their feedback, and explained how they were benefited.



GUEST LECTURE-WOMEN CANCER AWARENESS

Lecture was organized by the OBG Department on 24.3.2024 from 10.30 am to 12.30 pm. Resource person was Dr.AnithaSivaKumar, MD (OG), M.M Hospital Namakkal, has taken a lecture on topic “Women cancer awareness” for Third year students in smart class room.

She explained about causes, prevention and life style modification need for cancer. At the end of the guest lecture, students gave their feedback, and explained how they were benefited.



GUEST LECTURE

GUEST LECTURE-MALE INFERTILITY

Guest Lecture was organized by the OBG Department on 26.3.2024 from 2.30 pm to 4.30 pm. Resource person was Dr.G.Balamurugan, MD,B.M Hospital Namakkal, has taken a lecture on topic “Infertility and trends in Treatment ” for second year students in smart class room.

He explained about causes, prevention and life style modification in infertility.At the end of the guest lecture, two students gave their feedback, and explained how they were benefited.



2019 - 2023 : BATCH PLACEMENT DETAILS

S.No	Name	Placement
1	AISWARYA	Preethi Hospital, Kerala
2	ANANDHA JOTHI	Royal Care Hospital, Coimbatore
3	ARCHANA.K	Post Office ,Govt Job
4	BALASUNDARIS	Tata Medical Centre, Kolkata
5	BRUNDHA.M	Apollo Hospitals, Chennai.
6	DEEPIKA.S	Sri Ramachandra Hospital ,Chennai
7	DINESH.P	Panimalar Medical college and Hospital
8	EDWIN SAMUEL.S	Apollo Main Hospital, Greams Road- Chennai
9	EVANGELINE SHEEBA.A	Panimalr Medical College Hospital
10	GANESHRAM.K	Tata Medical Centre, Kolkata
11	GAYATHRI.M	Sri Ramachandra Hospital ,Chennai
12	KAVIPRIYA.R	Tata Medical Centre, Kolkata
13	LOGAJANANI.R.S	Apollo Main Hospital, Greams Road- Chennai
14	MAHALAKSHMI.A	Panimalr Medical College Hospital, Chennai
15	MANIKANDAN.K	Royal Care Hospital, Coimbatore
16	MANIMEGALAI.S	Panimalar Medical college and Hospital Chennai
17	MURALI ANANDH.A	Apollo Main Hospital, Greams Road- Chennai
18	NAVEEN KUMAR	Sri Ramachandra Hospital ,Chennai
19	PRIYADHARSHINI.S	GKNM Hospital, Coimbatore.
20	PRIYANKA.V	Panimalar Medical college and Hospital , Chennai
21	RITHANYA.C	Royal Care Hospital, Coimbatore
22	ROSE.K	Ganga Hospital , Coimbatore.
23	SARAN.K	Royal Care Hospital, Coimbatore
24	SARUMATHAN.B	Apollo Main Hospital, Greams Road- Chennai
25	SATHIYA.L	GKNM Hospital, Coimbatore.
26	SENTHAMILSELVIS	Royal Care Hospital, Coimbatore
27	SHANMATHI.P	Panimalar Medical College Hospital, Chennai
28	SHARMILA.S	Ganga Hospital , Coimbatore.
29	SOWMIYA.J	Sri Ramachandra Hospital ,Chennai
30	SUBHASHINI.R	Apollo Main Hospital, Greams Road- Chennai
31	SURIYA.K	Ganga Hospital , Coimbatore.
32	SURIYA.S	Sri Ramachandra Hospital ,Chennai
33	SWETHA.K	Tata Medical Centre, Kolkata
34	TAMILARASAN.T	Ganga Hospital, Coimbatore.
35	VELMANI.P	Royal Care Hospital, Coimbatore
36	VENKATESAN.G	Apollo Main Hospital, Greams Road- Chennai
37	VIGNESHWARAN.C	Panimalar Medical College Hospital, Chennai
38	VINOTHA.S	Sri Ramachandra Hospital ,Chennai
39	VISHWA.S	Tata Medical Centre, Kolkata

UPCOMING EVENTS

1. BLOOD DONATION CAMP -COORDINATE WITH NAMAKKAL MEDICAL COLLEGE AND HOSPITAL.
2. EYE CAMP - COORDINATING WITH DR.AGARWAL HOSPITAL.
3. INSTITUTION VISITS.
4. AWARENESS PROGRAMS.
5. FIRST AID EXHIBITION BY FIRST YEAR.....SOON.

*Nursing is a
work of Heart*

“

“The best way to find yourself is
to lose yourself in the service of others.”

—Mahatma Gandhi

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PGP COLLEGE OF NURSING AND RESEARCH

 NH-44, Karur Main Road, Namakkal - 637207.

 +91 89398 08576

 nursing@pgpews.in

 pgpnursing.edu.in